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Inspired Thought LLC, 317 North Main Street, Natick, MA 01760

INSPIRED THOUGHT LLC

Adventures for the Body, Mind, Emotions and Spirit

Founding Director, 2008 - present

Supporting individuals be their best selves – physically, mentally, emotionally, spiritually – in all areas of life.

To learn more visit www.Inspired-Thought.com NPI #1851926117. NCCAOM #115595. MA Board of Medicine #284100.

ACUPRESSURE THERAPY INSTITUTE

Asian Bodywork Therapy Professional Training Program

President and Director, 2022 – Present

The Acupressure Therapy Institute (ATI) offers a comprehensive professional training in Asian Bodywork Therapy, specifically Acupressure Shiatsu, with separate tracks for Tuina and Medical/Clinical Qigong.

To learn more visit www.AcupressureTherapyInstitute.com

EASTERN MEDICINAL THERAPIES EDUCATION CENTER

Continuing Education for Students and Professionals of Chinese Medicine and East Asian Traditions

Founding Director, 2016 – Present

Professional programs designed for practitioners and students of East Asian Medicine to advance our individual and collective learning, feed our passions, and inspire our practice so that we can pass the beauty of our medicine to our clients and beyond.

To learn more visit www.EasternMedicinalTherapies.com NCCAOM Provider #166720. NCBTMB Provider #1535.

HORIZONS FOR HOMELESS CHILDREN

Non-profit organization dedicated to improving the lives of homeless children and their families

Playspace Programs Greater Boston Region Director, 2003 - 2010

Directed 50 programs serving 500 children living in shelters with a team of six staff and 700+ volunteers. Recruited, trained and mentored volunteers, interns and employees. Enlarged volunteer program from 350 to a network of more than 700 volunteers.

WOMEN'S LUNCH PLACE

Non-profit day shelter for poor and homeless women

Special Events Coordinator, 2002 - 2003

Worked directly with homeless women and their children. Created and managed special events for guests and donors. Increased the financial impact and community support of annual grassroots fundraising event.

Volunteer Coordinator, 1999 - 2002

Worked directly with homeless women and their children. Managed and grew volunteer program from 250 to more than 400.

TOWARDS INDEPENDENT LIVING AND LEARNING

Non-profit organization serving persons with developmental disabilities

Residential Coordinator, 1998 - 1999

Oversaw the management of six residential programs, five on-site managers, staff of 50 and 30 clients; over \$2 million dollars in budgets and individual finances; hired, trained and mentored personnel; established and developed new program.

BOSTON COMMUNITY SERVICES

Non-profit organization serving persons with mental illness and developmental disabilities

Program Director, 1994 - 1997

Directed the operations of two programs providing psychiatric rehabilitation services to formerly homeless people with serious psychiatric disabilities. Hired, trained and mentored 20 employees to provide exceptional care and case management.

WALTER E FERNALD STATE SCHOOL

State institution serving persons with developmental disabilities

Private Tutor, 1990 - 2000

Enhanced the lives of adults living with developmental disabilities.

BOYS AND GIRLS CLUBS OF AMERICA

Inspiring and enabling all young people to realize their full potential as productive, responsible and caring citizens.

Arts and Crafts Director and SAFE Instructor, 1989 - 1990

Connected with youth to develop healthy strategies to coping with life's stressors.

EDUCATION

CENTER FOR INTEGRATIVE HYPNOSIS, 2021

Graduate, Integrative Hypnosis and Life Coaching

REIKI HEALING CONNECTION, 2020

Graduate, Reiki Master and Teacher

NATIONAL GUILD OF HYPNOTISTS, 2020

Graduate, HypnoSomatic Acupuncture

NEW ENGLAND SCHOOL OF ACUPUNCTURE, 2015 - 2019

Graduate, Masters of Acupuncture and Oriental Medicine (MAOM).
Acupuncture (Chinese, Japanese and Orthopedic) and Herbal Medicine
Internships at Mass General Hospital (MGH) and Boston Medical Center (BMH)

ZEN SHIATSU CHICAGO, 2014 - 2015

Graduate, Postgraduate Clinical Shiatsu Studies program

ACUPRESSURE THERAPY INSTITUTE, 2008

Graduate, Acupressure Shiatsu

FRAMINGHAM STATE UNIVERSITY, 1994

BA, Psychology. Advanced Assistantships: Teaching Assistantship for General Psychology; Research Assistantship for Learning, Memory and Cognition; Student Advocate for Education (SAFE)

PROFESSIONAL CERTIFICATIONS

NATIONAL CERTIFICATION COMMISSION FOR ACUPUNCTURE AND ORIENTAL MEDICINE, 2012 - present

NCCAOM[®] Diplomate of Acupuncture [Dipl. Ac. (NCCAOM)[®]] and Asian Bodywork Therapy [Dipl. ABT (NCCAOM)[®]]

AMERICAN ORGANIZATION FOR BODYWORK THERAPIES OF ASIA[®], 2006 - present

AOBTA[®] Certified Practitioner [AOBTA[®]-CP]

HIGHLIGHTS OF COMMUNITY ACTIVITIES

AMERICAN ORGANIZATION FOR BODYWORK THERAPIES OF ASIA[®], 2015 - 2019

Executive Director and Board President of the AOBTA[®], a non-profit professional membership organization for the Asian Bodywork Therapy profession. Acting Legislative Director, 2017-2020. AOBTA[®] MA State Representative, 2018-present.

ASIAN BODYWORK THERAPY EDUCATION NETWORK, 2014 - 2016

Coordinator bringing fellow practitioners together to connect, learn, exchange treatments, deepen and advance our practices. Organized workshops and trainings; connect with esteemed leaders in our field to advance access to education.

PARK MANAGEMENT ADVISORY COMMITTEE, 2002 - 2005

Vice President and Public Safety Committee Chair: Collaborated with police, public officials and community members to address safety, legislative and management issues regarding the Southwest Corridor.

ROSIE'S PLACE, 1998 - 2001

Elected to the Board of Directors, Education and Justice Committee. Volunteer serving poor and homeless women.

NORFOLK COUNTY DISTRICT ATTORNEYS OFFICE, 1989 - 1990

Volunteer Caseworker for the Juvenile Diversion Program.

HIGHLIGHTS OF AWARDS

AMERICAN ORGANIZATION FOR BODYWORK THERAPIES OF ASIA (AOBTA), 2021

Recipient. Legislative All-State Super Star. Community Building and Outreach. Lifetime Membership.

MANNY JEFFERSON GRATITUDE AWARD, 2006

Recipient.

MAYOR'S COMMUNITY SERVICE AWARD, 2002

Recipient.